STATDDS

Practice Prepared. Patients Protected.™

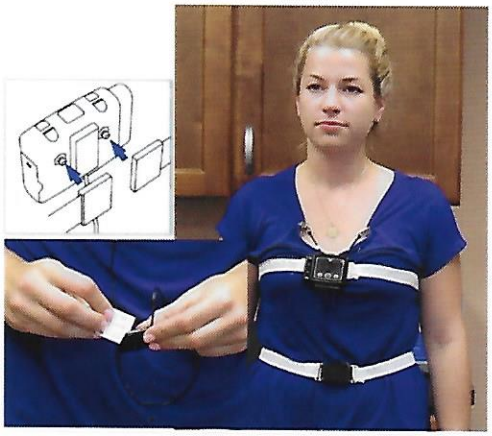
BRUXISM MONITOR HOOK-UP

STEP 1 - Clip monitor to shirt

- Attach monitor so it rests at sternum.

- Abdomen cable (black wire) should hang from back of monitor.

STEP 2 - Attach the belts



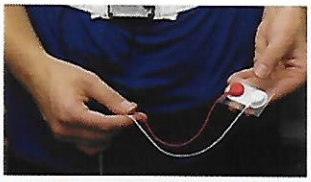
- Snap white belts to back of monitor and abdomen cable. Make sure they're straight around your chest and abdomen and not twisted.

STEP 3 - Place the cannula

- Place cannula receptors in nose.
- Secure cannula around ears.
- Adjust slider to tighten cannula under the chin.

STEP 4 - Attach colored wires to electrode snaps

- Make sure red and white wires are attached to dual-electrode adhesive patch.

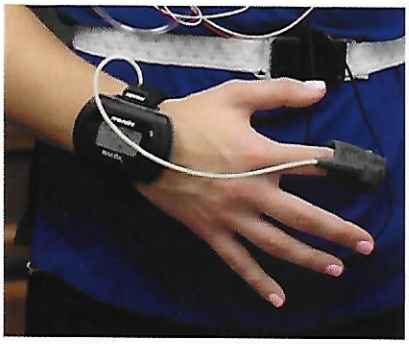


- Make sure green wire is attached to single-electrode adhesive patch.

STEP 5 - Attach colored lead wires

- Feel cheek near jaw and clench teeth to find masseter muscle. Place dual-electrode patch along this muscle.
- Place single-electrode patch on boney spot behind ear where no muscle can be felt.

STEP 6 - Put on pulse oximeter



- Strap pulse oximeter to wrist and place finger probe on either index or middle finger of either hand.

Flip over to continue instructions...

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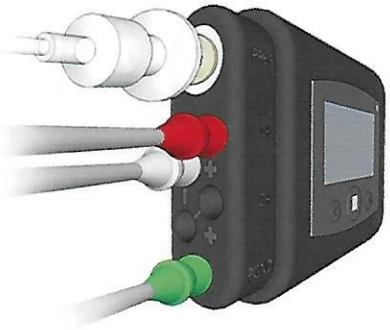
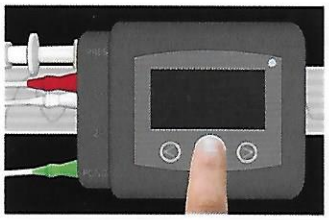
BRUXISM MONITOR HOOK-UP

STEP 7 - Check wire placement

- Nasal cannula plugs into top, silver port next to the letters PRES.
- Red/white wires plug into Channel 1 (+/-).
- Channel 2 (+/-) remains unused.
- Green wire plugs into bottom port next to the letters PGND.



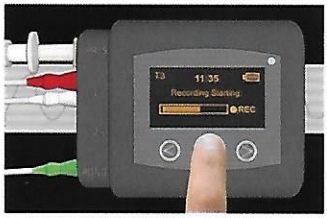
STEP 8 - Turn on the monitor



- Press middle button once so the monitor's screen activates. The pulse oximeter you're wearing will connect automatically.

STEP 9 - Start the recording

- Now press and hold middle button until the progress bar fills from left to right and the recording duration appears on screen.



STEP 10 - Go to sleep

When you wake up in the morning, repeat steps 8 and 9 to stop the recording. Then return all components of the test to the case and return it to your doctor.

For a video demonstration of these instructions, visit vimeo.com/statdds/instructions